Seven Keys for Getting What You Want Out of Life
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You can take charge of your own life. You can succeed at whatever you attempt, if you are willing to pay the price for it.

1. Develop a positive mental attitude.
   a. Control your attitude and control your habits. Control your habits and you will control your life.

2. Control your time and you control the most valuable asset.
   a. Here are some valuable tips on making your time count:
      i. Know what you are going to do and why before you start each day
      ii. Do your planning before and after prime work periods.
      iii. Make appointments – it will save waiting and wasted travel.
      iv. Utilize every moment. When it's necessary, do something worthwhile while you wait.
      v. Keep personal time, breaks and meals during the work period to minimum- work when you work, play when you play.
      vi. Avoid meetings – if meetings are necessary, plan them carefully and end them as soon as the agenda has been completed.

3. Plan your life and work your plan.
   a. Wasted time is usually the result of poor planning, and wasted time is nothing but wasted time
   b. Those people who really achieve their goals are the ones who have set their goals carefully, have developed their strategies realistically and followed their plans carefully.

4. Utilize all of the resources available to you.
   a. Man of us overlook many of the resources that are available to us everyday.
   b. If you want a lot out of life, you will have to utilize all of the resources available to you. What you consume or let sit idle is wasted. What you utilize will multiply.

5. Take time to smell the roses.
   a. You may have a rose for only a day, but a rose a day is enough.
   b. People need rest and diversion. When people take planned breaks, are more efficient.
   c. Cherish friends above all. The most valuable goal any person can set is to cultivate those relationships that will make life seem worthwhile.

6. Meet adversity with courage, faith, and hope.
   a. One of the great secret of life is that problems are nothing but opportunities or stepping stones on the road to your goals.

7. Cultivate self-respect and you will respect others.
   a. If we will be true to ourselves, we cannot be false to others.
   b. The most valuable commodity in the world of trade has always been personal integrity and honest.

The greatest freedom in life is self-determination. If you would be successful, count your blessings, utilize all of your resources, and greet every morning with the following resolution:

“That is my life – I will take it! And I will make it worthwhile.”